



DRUG FREE CAMPUS AND WORK PLACE COMPLIANCE

"The Drug Free Schools and Communities Act and Drug Free Work Place Act of 1989" requires that as a condition of receiving funds or any other form of financial assistance under any federal program, all institutions of higher education must adopt and implement programs to prevent the unlawful possession, use or distribution of illegal drugs and abuse of alcohol by students and employees.

As part of the drug prevention program for students and employees, Valley College annually distributes the attached report that contains Valley College's policies and information required to be distributed to students and employees. This information includes prohibited actions, state, local and federal sanctions, health related risks associated with illicit drugs and the abuse of alcohol, alcohol and drug treatment rehabilitation centers contact information and Valley College sanctions.

It is very important that all students and employees are aware of the information contained in the attached documents and understand that Valley College is committed to maintaining a drug free campus for its students and employees. Please read the compliance package carefully. If you have any questions, please address them to your school Campus Director.

Valley College insists on a drug and alcohol free learning environment for both students and staff. Therefore, student's use of alcohol or the unlawful manufacture, distribution, dispensing or use of a controlled substance or alcohol anywhere on College property, or while participating in College related activities, is strictly prohibited. Students and employees who violate this policy are subject to disciplinary action up to and including drug testing, expulsion and termination respectively even for a first offense.

Valley College reserves the right to investigate any suspicious activity regarding nonprescription and illegal drugs, as well as alcohol. Investigation may include but is not limited to classroom inspection or request students to submit to drug screening in cases of strong suspicion of drug or alcohol use. Refusal to submit to these measures at time of request may be viewed as strong evidence of drug/or alcohol use which may result in student's termination from the program.

Students or employees may be referred to the outside counseling and treatment help centers or programs. The College will have a sole discretion to determine the exact conditions of continued enrollment or employment in such case. Valley College is also a tobacco free environment. Tobacco is restricted in the classrooms and at all school events except for in designated smoking areas at each campus.

PROHIBITED ACTIONS

Valley College absolutely prohibits any use, consumption, sale, purchase, transfer or possession of any controlled substance by any student or employee while attending class, working at or visiting any Valley College facility, or participating in any official school activity. Additionally, students or employees are strictly prohibited from being under the influence of any controlled substance, or alcohol, while

performing work or class assignments or while attending sponsored training, meetings or other sessions as a representative of Valley College. Legally prescribed medications are excluded from this policy and are permitted to the extent that the consumption of such medication does not negatively affect work ability, job performance or the safety of self or others.

VALLEY COLLEGE'S DISCIPLINARY SANCTIONS

Violation of this policy by either students or employees will make the individual subject to disciplinary action. Disciplinary action of students and employees will include immediate referral to a treatment center and may include termination of training for students or termination of employment for employees.

STATE, LOCAL AND FEDERAL SANCTIONS

State and Local Sanctions

Chapter 60A - Uniform Controlled Substances Act

Article 4 - Subsection 60A-4-401

Offenses and Penalties

It is unlawful for any person to manufacture, deliver or possess with intent to manufacture or deliver, a controlled substance. Any person guilty of a felony, upon conviction, may be imprisoned in the penitentiary for not less than one year nor more than fifteen years, or fined not more than \$25,000, or both. Any person guilty of a misdemeanor, upon conviction, may be confined in the county jail for not less than six months nor more than one year, or fined not more than five thousand dollars or both.

Distribution to persons under the age of eighteen by persons over the age of twenty-one; distribution by persons eighteen or over in or on, or within one thousand feet of, school or college, will be ineligible for parole for a period of two years.

Any person convicted of a second or subsequent offense may be imprisoned for a term up to twice the term otherwise authorized, fined an amount up to twice that otherwise authorized, or both.

Article 7 - West Virginia Contraband Forfeiture Act.

Items subject to forfeiture:

- * All controlled substances which have been manufactured, distributed, dispensed or possessed in violation of Chapter 60A.
- * All raw materials used in manufacture of controlled substances, aircraft, vehicles or vessels used to transport or facilitate transportation, sale, receipt, possession or concealment of property and all real property used in any manner to commit a violation of Chapter 60A punishable by more than one year in prison.

Federal Sanctions

A summary of penalties under Federal Law is attached to this document as Table A.

HEALTH RISKS

Substance abuse, that is abuse of drugs or alcohol, is now recognized as the number one public health problem in the United States. Substance abuse is accountable for deaths from strokes, diseases of the heart and liver, and all alcohol and drug related suicides, homicides and accidents. Early detection can minimize or prevent the devastating consequences of substance abuse.

Controlled Substances: Effects

A description of the health risks associated with substances under the Controlled Substances Act (21. U.S.C.811) is attached to this document as Table B.

Alcohol: Effects

Alcohol consumption causes a number of marked changes in behavior. Even low doses significantly impair the judgment and coordination required to drive a car safely, increasing the likelihood that the driver will be involved in an accident. Low to moderate doses of alcohol also increase the incidence of a variety of aggressive acts, including spouse and child abuse. Moderate to high doses of alcohol cause marked impairments in higher mental functions, severely altering a person's ability to learn and remember information. Very high doses cause respiratory depression and death. If combined with other depressants of the central nervous system, much lower doses of alcohol will produce the effects just described.

Repeated use of alcohol can lead to dependence. Sudden cessation of alcohol intake is likely to produce withdrawal symptoms, including severe anxiety, tremors, hallucinations and convulsions. Long-term consumption of large quantities of alcohol, particularly when combined with poor nutrition, can also lead to permanent damage to vital organs such as the brain and the liver.

Mothers who drink alcohol during pregnancy may give birth to infants with fetal alcohol syndrome. These infants have irreversible physical abnormalities and mental retardation. In addition, research indicates that children of alcoholic parents are at greater risk than other youngsters of becoming alcoholics.

ALCOHOL AND DRUG TREATMENT REHABILITATION CENTERS

Individual community counseling, treatment and rehabilitation centers for each of Valley College's campuses are listed below. Additional information is available at each campus.

All Campuses

Al-Anon and Al-Ateen Group Director	http://www.wv.al-anon.alateen.org	
The phone number is an answering service		304-345-7420
AA & Al-Anon number for local referral	http://www.aawv.org	
The phone number is a 24 hour hotline		1-800-333-5051

Martinsburg

Almost Heaven Area Central Atlantic Region of Narcotics Anonymous	www.car-na.org	1-800-777-1515
Eastridge Health Systems, Inc. (Berkeley County Mental Health Services)		304-263-8954
Eastridge Health Systems, Inc. (Jefferson County Mental Health Services)		304-725-7565
Eastridge Health Systems, Inc. (Morgan County Health Services)		304-258-2889
Mental Health Services – Behavioral Health Services of Washington County Health System		301- 739-2490
DRS website http://www.addicted.org/		1-800-304-2219
Alcoholics Anonymous Crisis Line (24 hrs)		1-800-333-5051
Narcotics Anonymous		1-800-766-4442

Beckley

Mountaineer Region of Narcotics Anonymous	www.mrscna.org	1-800-766-4442
Alcoholics Abuse and Addictions Helpline and Treatment	24 hour help line	1-800- 870-3795
West Virginia Division of Alcoholism and Drug Abuse, Fayette County	24 hour help line	1-800- 838-1752
FMRS Mental Health Council. Summers County	24 hour help line	1-888-523-6437
FMRS Mental Health Council, Fayetteville, WV		304-574-2100
Raleigh County FMRS Mental Health Council, Beckley, WV		304-256-7100
Raleigh General Hospital, Beckley, WV		304- 256-4100
Southern Highlands Community Mental Health Center Wyoming County	24 hour help line	1-800-615-0122
White Sands Treatment Centers Kanawha County	24 hour help line	1-888-261-0735
Beckley VA Medical Center, Beckley, WV	24 hour help line	1-800-273-8255
Alcoholics Anonymous & Al-Anon, Beckley, WV		304- 252-9444
AA – Raleigh County		304- 252-9444
NA – Raleigh County		304- 252-9444

Princeton

Mountaineer Region of Narcotics Anonymous		1-800-766-4442
www.mrscna.org		304-344-4442
Southern Highlands Comm. Mental Health Ctr., Princeton, WV	(24 hours)	1-800-615-0122
		304- 425-0122
Mercer County		304-425-9541
McDowell County		304-436-2106
Wyoming County		304-294-5353
Princeton Community Hospital, Princeton, WV		304- 487-7000
Department of Human Services, Princeton, WV		304- 425-8738
Community Connections, Inc.		304-913-4956
www.strongcommunities.org		
Appalachian Substance Abuse Coalition for Prevention & Treatment ("ASAC")		276-988-5583
Clinch Valley Community Action, North Tazewell, VA		
L.C.G. Tazewell (Narcotics Anonymous), Cedar Bluff, VA		1-800-591-6474

All Campuses

National Suicide Prevention Hotlines

1-800-SUICIDE (784-2433)

1-800-273-TALK (8255)

RESPONSIBLE ADMINISTRATIVE OFFICE

The Compliance Director is required to evaluate the effectiveness of the program and implement any needed changes in coordination with Campus management on a biennial basis. Campus Directors are responsible for ensuring that disciplinary sanctions are enforced in a consistent manner.